# Alexia A. Tsakiris-Vasilopoulos BVetMed, GDipVWHM, CVA, RH (AHG)

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#### **EDUCATION**

#### ROYAL VETERINARY COLLEGE, LONDON, UK BV etMed, MRCVS (Member of Royal College of Veterinary Surgeons), July 2005

**RUTGERS UNIVERSITY**, COOK COLLEGE, NEW BRUNSWICK, NJ Bachelor of Science Degree in Biology, May 2000

#### **POST-DOCTORATE EDUCATION**

Certified Veterinary Acupuncturist	December 2009
Chi Institute of Traditional Chinese Veterinan	ry Medicine, Florida, USA

Certified Veterinary Western Herbalist August 2015 College of Integrative Veterinary Therapies, Sidney, Australia

David Winston Herbal Studies Course Certification August 2014-September 2016 David Winston's School of Herbal Medicine, New Jersey, USA

Graduate Diploma in Western Veterinary Herbal Medicine June 2017 College of Integrative Veterinary Therapies, Sydney, Australia

Spinal Manipulation Training Health Pioneers Institute

TCVM Food Therapy Chi University

**Registered Herbalist** Member of the American Herbalist Guild

#### **OWNER VETERINARIAN**

Naturopawthic Veterinary Wellness Center, Red Bank NJ September 2019- present

Exclusively holistic veterinary practice

April 2020

October 2020

August 2017

Blue Sage Veterinary Wellness Center, Little Silver NJ Exclusively holistic veterinary practice Paws to Tails, LLC February 2012- April 2016 Integrative House call practice **PROFESSIONAL POSITIONS** January 2018- present Adjunct Professor College of Integrative Veterinary Therapies Intro to Veterinary Western Herbal Medicine Course creator/Lecturer/Owner March 2020- present Naturopawthic Courses, Online learning platform for pet owners

Founder

Women's Veterinary Collective

Vice President Elect

February 2021-present

May 2020- present

April 2016-2020

American Veterinary Botanical Medicine Association

## **PUBLICATIONS and RESEARCH**

Masur E, Tsakiris A, Bruno K, Theurer M, Gerb S (2022) Assessment of an Herbal Feed Additive on Reducing Gastrointestinal Nematodes in an Alpaca Operation. J Vet Med Health 6: 151.

Tsakiris, A. Western Herbs for Livery Dysfunction. IVC Journal Spring 2020.

Tsakiris, A. Becoming Time Affluent Through Energy Management. JAHVMA 2020 Vol 62, Spring 2021.

Tsakiris, A. Approaching disease globally by addressing "leaky gut syndrome". Journal of Integrative Veterinary Therapies- Gastrointestinal-GIT- Edition. December 2020. vol 8; Issue 2.

Tsakiris, A. An Integrative Approach to Demodectic Mange. IVC Journal Summer 2019. https://ivcjournal.com/integrative-approach-demodicosis/

Tsakiris, A. Leaky Gut Syndrome in Dogs and Cats. AromaCulture Magazine. 2018. vol 3;5. (NOT PEER REVIEWED)

### **CONFERENCE PRESENTATIONS**

MIDWEST VETERINARY CONFERENCE February 2023 Herbal Track Presented Six Lectures

WINTERGREEN HERBAL SCHOOL 2022 March 3 Herbs for Animals for Herbalists 2022

INTERNATIONAL HERBAL SYMPOSIUM 2021

Addressing the Alpaca Herbs for Grief

WOMENS HERBAL GATHERING 2021 Tea for Pets

- HELLENIC COMAPANION VETERINARY ANIMAL SOCIETY April 2020 Webinar- Veterinary Acupuncture
- COLLEGE of INTEGRATIVE VETERINARY THERAPIES December 2019 Webinar- Herbs for Grief
- COLLEGE of INTEGRATIVE VETERINARY THERAPIES November 2017 Webinar- Starting an herbal practice.

## ASSOCIATE VETERINARIAN POSITIONS

Long Branch Animal Hospital, Long Branch, NJ Practicing Integrative medicine	September 2013- September 2016
Fair Haven Animal Hospital, Fair Haven, NJ Practicing Integrative medicine	April 2009 – September 2014
Home Veterinary Service, Belford, NJ	August 2008- June 2010
VCA Cheshire Animal Hospital, Cheshire, CT	February 2007- March 2008
Sea Girt Animal Hospital, Sea Girt, NJ	December 2006- January 2007

### **Additional Certifications**

Radiant Child Yoga Teacher Certification 30hr	April 2019
Yoga Teacher Training 200hr	September 2020
Restorative Yoga Certification	July 2021
Reiki III Certification	September 2022