



Blue Sage Veterinary Wellness Center, Little Silver NJ April 2016- 2020

Exclusively holistic veterinary practice

Paws to Tails, LLC February 2012- April 2016

Integrative House call practice

## **PROFESSIONAL POSITIONS**

Adjunct Professor January 2018- present

College of Integrative Veterinary Therapies

Intro to Veterinary Western Herbal Medicine

Course creator/Lecturer/Owner March 2020- present

Naturopawthic Courses, Online learning platform for pet owners

Founder May 2020- present

Women's Veterinary Collective

Vice President Elect February 2021-present

American Veterinary Botanical Medicine Association

## **PUBLICATIONS and RESEARCH**

Masur E, Tsakiris A, Bruno K, Theurer M, Gerb S (2022) Assessment of an Herbal Feed Additive on Reducing Gastrointestinal Nematodes in an Alpaca Operation. J Vet Med Health 6: 151.

Tsakiris, A. Western Herbs for Livery Dysfunction. IVC Journal Spring 2020.

Tsakiris, A. Becoming Time Affluent Through Energy Management. JAHVMA 2020 Vol 62, Spring 2021.

Tsakiris, A. Approaching disease globally by addressing "leaky gut syndrome". Journal of Integrative Veterinary Therapies- Gastrointestinal-GIT- Edition. December 2020. vol 8; Issue 2.

Tsakiris, A. An Integrative Approach to Demodectic Mange. IVC Journal Summer 2019.  
<https://ivcjournal.com/integrative-approach-demodicosis/>

Tsakiris, A. Leaky Gut Syndrome in Dogs and Cats. AromaCulture Magazine. 2018. vol 3;5.  
(NOT PEER REVIEWED)

## **CONFERENCE PRESENTATIONS**

MIDWEST VETERINARY CONFERENCE February 2023

Herbal Track Presented Six Lectures

WINTERGREEN HERBAL SCHOOL 2022 March 3

Herbs for Animals for Herbalists 2022

INTERNATIONAL HERBAL SYMPOSIUM 2021

Addressing the Alpaca

Herbs for Grief

WOMENS HERBAL GATHERING 2021

Tea for Pets

HELLENIC COMPANION VETERINARY ANIMAL SOCIETY April 2020

Webinar- Veterinary Acupuncture

COLLEGE of INTEGRATIVE VETERINARY THERAPIES December 2019

Webinar- Herbs for Grief

COLLEGE of INTEGRATIVE VETERINARY THERAPIES November 2017

Webinar- Starting an herbal practice.

## **ASSOCIATE VETERINARIAN POSITIONS**

Long Branch Animal Hospital, Long Branch, NJ Practicing Integrative medicine	September 2013- September 2016
Fair Haven Animal Hospital, Fair Haven, NJ Practicing Integrative medicine	April 2009 – September 2014
Home Veterinary Service, Belford, NJ	August 2008- June 2010
VCA Cheshire Animal Hospital, Cheshire, CT	February 2007- March 2008
Sea Girt Animal Hospital, Sea Girt, NJ	December 2006- January 2007

### **Additional Certifications**

Radiant Child Yoga Teacher Certification 30hr	April 2019
Yoga Teacher Training 200hr	September 2020
Restorative Yoga Certification	July 2021
Reiki III Certification	September 2022