

Name	Latin	Other Name(s)
Asafoetida	<i>Ferula asafoetida</i> *	Asafetida, Devil's Dung
Black Seed	<i>Nigella sativa</i>	Black Cumin, Black Caraway
Calendula	<i>Calendula officinalis</i>	Pot Marigold
Carrot	<i>Daucus carota</i>	Queen Anne's Lace, Wild Carrot
Fenugreek	<i>Trigonella foenum-graecum</i>	Foenugreek
Frankincense	<i>Boswellia sacra</i> *	Olibanum
Garlic	<i>Allium sativum</i>	Allii sativi Bulbus (Pharmaceutical name)
Khella	<i>Ammi visnaga</i>	Bishop's Weed
Myrrh	<i>Commiphora myrrha</i> (syn. <i>C. molmol</i>)*	Myrrh gum
Olive Leaf	<i>Olea europaea</i> *	<i>Olea folium</i> (pharmaceutical name)
Peppermint	<i>Mentha piperita</i>	Mint
Rose	<i>Rosa gallica</i> *	Apothecary Rose
Saffron	<i>Crocus sativus</i>	Spanish Saffron
Senna	<i>Cassia alexandrina</i> *	Cassia Senna, Alexandrian Senna
Thyme	<i>Thymus vulgaris</i>	Garden Thyme