

ACVBM Veterinary Botanical Medicine Herb Index

Journals publishing peer-reviewed articles on Xiao Chai Hu Tang

Antineoplastic action

Understanding the polypharmacological anticancer effects of Xiao Chai Hu Tang via a computational pharmacological model.

Zheng CS, Wu YS, Bao HJ, Xu XJ, Chen XQ, Ye HZ, Wu GW, Xu HF, Li XH, Chen JS, Liu XX. Exp Ther Med. 2014 Jun;7(6):1777-1783.

[Studies on the antitumor activity of traditional Chinese medicines. (1)].

Ito H, Shimura K.

Gan To Kagaku Ryoho. 1985 Nov;12(11):2145-8. Japanese.

Antitumor activities and tumor necrosis factor producibility of traditional Chinese medicines and crude drugs.

Haranaka K, Satomi N, Sakurai A, Haranaka R, Okada N, Kobayashi M.

Cancer Immunol Immunother. 1985;20(1):1-5.

[An approach to prolongation of survival rate in tumor bearing mice using 5-fluorouracil in combination with various kinds of herb medicine].

Ohta T, Tawara M, Tatsuka M, Abe H, Odashima S.

Gan To Kagaku Ryoho. 1983 Aug;10(8):1858-65. Japanese.

Renal Carcinoma

Antitumor effects and pharmacological interaction of xiao-chai-hu-tang (sho-saiko-to) and interleukin 2 in murine renal cell carcinoma.

Huang Y, Marumo K, Murai M.

Keio J Med. 1997 Sep;46(3):132-7.

[Studies on the antitumor activity of traditional Chinese medicines. (II). The antitumor mechanism of traditional Chinese medicines].

Ito H, Shimura K.

Gan To Kagaku Ryoho. 1985 Nov;12(11):2149-54. Japanese.

Hepatocellular Carcinoma

THE HERBAL MIXTURE XIAO-CHAI-HU TANG (XCHT) INDUCES APOPTOSIS OF HUMAN HEPATOCELLULAR CARCINOMA HUH7 CELLS IN VITRO AND IN VIVO.

Zhao J, Liu L, Zhang Y, Wan Y, Hong Z.

Afr J Tradit Complement Altern Med. 2017 Mar 1;14(3):231-241.

Prescription frequency and patterns of Chinese herbal medicine for liver cancer patients in Taiwan: a cross-sectional analysis of the National Health Insurance Research Database.

Ting CT, Kuo CJ, Hu HY, Lee YL, Tsai TH.

BMC Complement Altern Med. 2017 Feb 20;17(1):118.

Addition and Subtraction Theory of TCM Using Xiao-Chaihu-Decoction and Naturopathy in Predicting Survival Outcomes of Primary Liver Cancer Patients: A Prospective Cohort Study.

Dai M, Yang YW, Guo WH, Wang FL, Xiao GM, Li YM, Yang HZ.

Evid Based Complement Alternat Med. 2016;2016:4723530.

Sho-saiko-to, a traditional herbal medicine, regulates gene expression and biological function by way of microRNAs in primary mouse hepatocytes.

Song KH, Kim YH, Kim BY.

BMC Complement Altern Med. 2014 Jan 11;14:14.

Current understanding on antihepatocarcinoma effects of xiao chai hu tang and its constituents.

Zheng N, Dai J, Cao H, Sun S, Fang J, Li Q, Su S, Zhang Y, Qiu M, Huang S.

Evid Based Complement Alternat Med. 2013;2013:529458.

Xiaochaihu Decoction attenuates the vicious circle between the oxidative stress and the ALP inactivation through LPS-catecholamines interactions in gut, liver and brain during CCl₄+ethanol-induced mouse HCC.

Liu XQ, Hu XJ, Xu HX, Zeng XY.

BMC Complement Altern Med. 2013 Dec 28;13:375.

[Regularity analysis on clinical treatment in primary liver cancer by traditional Chinese medicine].

Liu X, Li N.

Zhongguo Zhong Yao Za Zhi. 2012 May;37(9):1327-31. Chinese.

Sho-saiko-to: Japanese herbal medicine for protection against hepatic fibrosis and carcinoma.

Shimizu I.

J Gastroenterol Hepatol. 2000 Mar;15 Suppl:D84-90. Review.

[Controlled prospective trial to evaluate Syosakiko-to in preventing hepatocellular carcinoma in patients with cirrhosis of the liver].

Yamamoto S, Oka H, Kanno T, Mizoguchi Y, Kobayashi K.

Gan To Kagaku Ryoho. 1989 Apr;16(4 Pt 2-2):1519-24. Japanese.

Pulmonary Carcinoma

20(S)-protopanaxadiol triggers mitochondrial-mediated apoptosis in human lung adenocarcinoma A549 cells via inhibiting the PI3K/Akt signaling pathway.

Zhang YL, Zhang R, Xu HL, Yu XF, Qu SC, Sui DY.

Am J Chin Med. 2013;41(5):1137-52.

Acetone extract of Bupleurum scorzonerifolium inhibits proliferation of A549 human lung cancer cells via inducing apoptosis and suppressing telomerase activity.

Cheng YL, Chang WL, Lee SC, Liu YG, Lin HC, Chen CJ, Yen CY, Yu DS, Lin SZ, Harn HJ.

Life Sci. 2003 Sep 19;73(18):2383-94.

Cytotoxic effect of herbal medicine sho-saiko-to on human lung-cancer cell-lines in-vitro.

Mizushima Y, Kashii T, Tokimitsu Y, Kobayashi M.

Oncol Rep. 1995 Jan;2(1):91-4.

Effects of a blended Chinese medicine, xiao-chai-hu-tang, on Lewis lung carcinoma growth and inhibition of lung metastasis, with special reference to macrophage activation.

Ito H, Shimura K.

Jpn J Pharmacol. 1986 Jul;41(3):307-14.

Thyroid Carcinoma

Saikosaponin-d inhibits proliferation of human undifferentiated thyroid carcinoma cells through induction of apoptosis and cell cycle arrest.

Liu RY, Li JP.

Eur Rev Med Pharmacol Sci. 2014;18(17):2435-43.

Mast Cell tumors

The ex vivo effect of the herbal medicine sho-saiko-to on histamine release from rat mast cells.

Matsumoto T, Shibata T.

Eur Arch Otorhinolaryngol. 1998;255(7):359-64.

Acute Myeloid Leukemia

Generation of reactive oxygen species and induction of apoptosis of HL60 cells by ingredients of traditional herbal medicine, Sho-saiko-to.

Makino T, Tsubouchi R, Murakami K, Haneda M, Yoshino M.
Basic Clin Pharmacol Toxicol. 2006 Apr;98(4):401-5.

Ovarian Cancer

Inhibitory effects of herbal drugs on the growth of human ovarian cancer cell lines through the induction of apoptosis.

Zhu K, Fukasawa I, Furuno M, Inaba F, Yamazaki T, Kamemori T, Kousaka N, Ota Y, Hayashi M, Maehama T, Inaba N.
Gynecol Oncol. 2005 May;97(2):405-9.

Esophageal cancer:

Research on effect of minor bupleurum decoction of proliferation and apoptosis of esophageal cancer cell strain eca-109 cell.

Li X, Sun M, Zhao Z, Yang J, Chen K.
Pak J Pharm Sci. 2014 Sep;27(5 Suppl):1675-9.

Chemoprevention

Gadoxetic Acid-Enhanced MRI and Sonoelastography: Non-Invasive Assessments of Chemoprevention of Liver Fibrosis in Thioacetamide-Induced Rats with Sho-Saiko-To.

Chen YW, Tsai MY, Pan HB, Tseng HH, Hung YT, Chou CP.
PLoS ONE. 2014 Dec 9; 9(12)

[Effect of Xiaochaihu decoction and different herbal formulation of component on inhibiting H22 liver cancer in mice and enhancing immune function].

Li J, Xie M, Gan Y.
Zhongguo Zhong Yao Za Zhi. 2008 May;33(9):1039-44. Chinese.

Extracellular matrix remodeling may predominate over hepatocyte injury in hepatocellular carcinoma development.

Yoshiji H, Kuriyama S, Yoshii J, Ikenaka Y, Noguchi R, Yanase K, Namisaki T, Yamazaki M, Tsujinoue H, Imazu H, Fukui H.

Oncol Rep. 2003 Jul-Aug;10(4):957-62.

Effects of lycopene and Sho-saiko-to on hepatocarcinogenesis in a rat model of spontaneous liver cancer.

Watanabe S, Kitade Y, Masaki T, Nishioka M, Satoh K, Nishino H.
Nutr Cancer. 2001;39(1):96-101.

[Effect of sho-saiko-to (xiao-chai-hu-tang) on hepatic injury induced by halothane in rats].

Mitsukawa H, Ikeda K.

Masui. 1991 May;40(5):794-800. Japanese.

XCHT and Chemotherapy

Reactive oxygen species-mediated apoptosis contributes to chemosensitization effect of saikosaponins on cisplatin-induced cytotoxicity in cancer cells.

Wang Q, Zheng XL, Yang L, Shi F, Gao LB, Zhong YJ, Sun H, He F, Lin Y, Wang X.
J Exp Clin Cancer Res. 2010 Dec 9;29:159.

For Chemo Side effects

Sosihoto-tang ameliorates cachexia-related symptoms in mice bearing colon 26 adenocarcinoma by reducing systemic inflammation and muscle loss.

Kim A, Im M, Ma JY.
Oncol Rep. 2016 Mar;35(3):1841-50.
[Clinical availability of the herbal medicine, SYOUSAIKOTOU, as a gargling agent for prevention and treatment of chemotherapy-induced stomatitis].
Matsuoka H, Mizushima Y, Kawano M, Tachibana N, Sawada Y, Kato S, Nagakura H, Tanaka M, Suzuki K, Tadanobu K.
Gan To Kagaku Ryoho. 2004 Nov;31(12):2017-20. Japanese.
Japanese modified traditional Chinese medicines as preventive drugs of the side effects induced by tumor necrosis factor and lipopolysaccharide.
Satomi N, Sakurai A, Iimura F, Haranaka R, Haranaka K.
Mol Biother. 1989;1(3):155-62.

Immune Modulation/Augmentation

Shosaikoto increases calprotectin expression in human oral epithelial cells.
Hiroshima Y, Bando M, Kataoka M, Shinohara Y, Herzberg MC, Ross KF, Inagaki Y, Nagata T, Kido J.
J Periodontal Res. 2010 Feb;45(1):79-86.
Upregulation of interferon-gamma and interleukin-4, Th cell-derived cytokines by So-Shi-Ho-Tang (Sho-Saiko-To) occurs at the level of antigen presenting cells, but not CD4 T cells.
Kang H, Choi TW, Ahn KS, Lee JY, Ham IH, Choi HY, Shim ES, Sohn NW.
J Ethnopharmacol. 2009 May 4;123(1):6-14.
The herbal medicine Sho-saiko-to selectively inhibits CD8+ T-cell proliferation.
Ohtake N, Yamamoto M, Takeda S, Aburada M, Ishige A, Watanabe K, Inoue M.
Eur J Pharmacol. 2005 Jan 10;507(1-3):301-10.
Effect of two different groups of Chinese medicines on nitric oxide production by mouse macrophage-like cells.
Kaneko T, Chiba H, Horie N, Hashimoto K, Satoh K, Kusama K, Sakagami H.
In Vivo. 2004 Nov-Dec;18(6):771-8.
Shosaiko-to and other Kampo (Japanese herbal) medicines: a review of their immunomodulatory activities.
Borchers AT, Sakai S, Henderson GL, Harkey MR, Keen CL, Stern JS, Terasawa K, Gershwin ME.
J Ethnopharmacol. 2000 Nov;73(1-2):1-13. Review.
The effects of crude polysaccharide fractions of 4 kinds of kampo-hozai administered orally on nitric oxide production by murine peritoneal macrophages.
Terawaki K, Nose M, Oghara Y.
Biol Pharm Bull. 1997 Jul;20(7):809-11.
A polysaccharide fraction of Zizyphi fructus in augmenting natural killer activity by oral administration.
Yamaoka Y, Kawakita T, Kaneko M, Nomoto K.
Biol Pharm Bull. 1996 Jul;19(7):936-9.
A polysaccharide fraction of shosaiko-to active in augmentation of natural killer activity by oral administration.
Yamaoka Y, Kawakita T, Kaneko M, Nomoto K.
Biol Pharm Bull. 1995 Jun;18(6):846-9.
Augmentation of NK activity after oral administration of a traditional Chinese medicine, xiao-chai-hu-tang (shosaiko-to).
Kaneko M, Kawakita T, Tauchi Y, Saito Y, Suzuki A, Nomoto K.
Immunopharmacol Immunotoxicol. 1994 Feb;16(1):41-53.
Role of B-lymphocytes in the immunopharmacological effects of a traditional Chinese medicine, xiao-chai-hu-tang (shosaiko-to).
Matsuura K, Kawakita T, Nakai S, Saito Y, Suzuki A, Nomoto K.
Int J Immunopharmacol. 1993 Feb;15(2):237-43.
Enhancement of immunoglobulin A production in Peyer's patches by oral administration of a traditional Chinese medicine, xiao-chai-hu-tang (Shosaiko-to).
Tauchi Y, Yamada A, Kawakita T, Saito Y, Suzuki A, Yoshikai Y, Nomoto K.
Immunopharmacol Immunotoxicol. 1993 Mar-Jun;15(2-3):251-72.

Herbal medicine "sho-saiko-to" induces in vitro granulocyte colony-stimulating factor production on peripheral blood mononuclear cells.

Yamashiki M, Asakawa M, Kayaba Y, Kosaka Y, Nishimura A.

J Clin Lab Immunol. 1992;37(2):83-90.

Induction of interferon after administration of a traditional Chinese medicine, xiao-chai-hu-tang (shosaiko-to).

Kawakita T, Nakai S, Kumazawa Y, Miura O, Yumioka E, Nomoto K.

Int J Immunopharmacol. 1990;12(5):515-21.

Preventive effect of several drugs against Pseudomonas aeruginosa infection and the toxicity of combined tumor necrosis factor with lipopolysaccharide: relationship between lethality and the arachidonic cascade.

Satomi N, Sakurai A, Iimura F, Haranaka R, Haranaka K.

Biotherapy. 1990;2(3):227-34.

Induction of colony-stimulating factor(s) after administration of a traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to).

Yonekura K, Kawakita T, Mitsuyama M, Miura O, Yumioka E, Suzuki A, Nomoto K.

Immunopharmacol Immunotoxicol. 1990;12(4):647-67.

Contribution of cytokines to time-dependent augmentation of resistance against Listeria monocytogenes after administration of a traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to).

Kawakita T, Mitsuyama M, Kumazawa Y, Miura O, Yumioka E, Nomoto K.

Immunopharmacol Immunotoxicol. 1989;11(2-3):233-55.

Activation of murine peritoneal macrophages by intraperitoneal administration of a traditional Chinese herbal medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to).

Kumazawa Y, Takimoto H, Miura S, Nishimura C, Yamada A, Kawakita T, Nomoto K.

Int J Immunopharmacol. 1988;10(4):395-403.

Protective effect of a traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to), on Listeria monocytogenes infection in mice.

Kawakita T, Yamada A, Mitsuyama M, Kumazawa Y, Nomoto K.

Immunopharmacol Immunotoxicol. 1988;10(3):345-64.

Functional maturation of immature B cells accumulated in the periphery by an intraperitoneal administration of a traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to).

Kawakita T, Yamada A, Kumazawa Y, Nomoto K.

Immunopharmacol Immunotoxicol. 1987;9(2-3):299-317.

Protective effect of a traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to), on Pseudomonas aeruginosa infection in mice.

Kawakita T, Yamada A, Mitsuyama M, Kumazawa Y, Nomoto K.

Immunopharmacol Immunotoxicol. 1987;9(4):523-40.

Accumulation of immature B and null lymphocytes in the periphery after intraperitoneal administration of traditional Chinese medicine, xiao-chai-hu-tang (Japanese name: shosaiko-to).

Kawakita T, Yamada A, Kumazawa Y, Nomoto K.

J Immunopharmacol. 1986;8(4):561-88.

Anti-inflammatory

Soshiho-tang water extract inhibits ovalbumin-induced airway inflammation via the regulation of heme oxygenase-1.

Jeon WY, Shin HK, Shin IS, Kim SK, Lee MY.

BMC Complement Altern Med. 2015 Sep 18;15:329.

Phenylpropanoid NF-κB inhibitors from Bupleurum fruticosum.

Bremner P, Tang S, Birkmayer H, Fiebich BL, Muñoz E, Marquez N, Rivera D, Heinrich M.

Planta Med. 2004 Oct;70(10):914-8.

[Pharmacological studies on saiko-prescriptions. V. Mechanisms of actions of shosaiko-to on swelling of rat hind paws induced by carrageenin].

Kato M, Marumoto M, Hayashi M, Maeda T, Hayashi E.

Yakugaku Zasshi. 1984 May;104(5):516-23. Japanese. No abstract available.

XCHT: MMPs

[Effect of traditional Chinese medicine \(Xiaochaihu Tang\) on the expression of MMP-2 and MMP-9 in rats with endometriosis.](#)

Jiao L, Qi X, Lu G, Zhang Q, Zhang C, Gao J.
Exp Ther Med. 2013 Dec;6(6):1385-1389.

XCHT: Safety – in vivo

[Evaluation of oral subchronic toxicity of soshiho-tang water extract: the traditional herbal formula in rats.](#)

Lee MY, Seo CS, Shin IS, Kim YB, Kim JH, Shin HK.
Evid Based Complement Alternat Med. 2013;2013:590181
[Subacute toxicity and stability of Soshiho-tang, a traditional herbal formula, in Sprague-Dawley rats.](#)
Shin IS, Lee MY, Kim Y, Seo CS, Kim JH, Shin HK.
BMC Complement Altern Med. 2012 Dec 27;12:266.

XCHT: potential toxicities/monitoring considerations: liver, lung

[A Network-Based Pharmacology Study of the Herb-Induced Liver Injury Potential of Traditional Hepatoprotective Chinese Herbal Medicines.](#)

Hong M, Li S, Tan HY, Cheung F, Wang N, Huang J, Feng Y.
Molecules. 2017 Apr 14;22(4). pii: E632.

[Japanese herbal medicine-induced pneumonitis: A review of 73 patients.](#)

Enomoto Y Md, Nakamura Y Md PhD, Enomoto N Md PhD, Fujisawa T Md PhD, Inui N Md PhD, Suda T.
Respir Investig. 2017 Mar;55(2):138-144.

[Traditional Chinese Medicine and herbal hepatotoxicity: a tabular compilation of reported cases.](#)

Teschke R, Zhang L, Long H, Schwarzenboeck A, Schmidt-Taenzer W, Genthner A, Wolff A, Frenzel C, Schulze J, Eickhoff A.
Ann Hepatol. 2015 Jan-Feb;14(1):7-19. Review.

[Risk of liver injury associated with Chinese herbal products containing radix bupleuri in 639,779 patients with hepatitis B virus infection.](#)

Lee CH, Wang JD, Chen PC.
PLoS One. 2011 Jan 12;6(1):e16064.

[\[Effects of long term administration of Shakuyaku-kanzo-To and Shosaiko-To on serum potassium levels\].](#)

Homma M, Ishihara M, Qian W, Kohda Y.
Yakugaku Zasshi. 2006 Oct;126(10):973-8. Japanese.
(Note: Xiao Chai Hu Tang is Shosaiko-To)

[Acute hepatitis induced by Chinese hepatoprotective herb, xiao-chai-hu-tang.](#)

Hsu LM, Huang YS, Tsay SH, Chang FY, Lee SD.
J Chin Med Assoc. 2006 Feb;69(2):86-8.

[Induction of apoptosis in human lung fibroblasts and peripheral lymphocytes in vitro by Shosaiko-to-derived phenolic metabolites.](#)

Liu ZL, Tanaka S, Horigome H, Hirano T, Oka K.
Biol Pharm Bull. 2002 Jan;25(1):37-41.

[The herbal medicine Shosaiko-to exerts different modulating effects on lung local immune responses among mouse strains.](#)

Ohtake N, Nakai Y, Yamamoto M, Ishige A, Sasaki H, Fukuda K, Hayashi S, Hayakawa S.
Int Immunopharmacol. 2002 Feb;2(2-3):357-66.

[\[A possible mechanism of interstitial pneumonia during interferon therapy with sho-saiko-to\].](#)

Murakami K, Okajima K, Sakata K, Takatsuki K.

Nihon Kyobu Shikkan Gakkai Zasshi. 1995 Apr;33(4):389-94. Japanese.
[Liver injuries induced by herbal medicine, syo-saiko-to \(xiao-chai-hu-tang\).](#)
Itoh S, Marutani K, Nishijima T, Matsuo S, Itabashi M.
Dig Dis Sci. 1995 Aug;40(8):1845-8.

XCHT: gastric ulcers, consider as treatment for

[\[Pharmacokinetics of eight constituents in rat plasma after oral administration of Modified Xiaochaihu Granules for gastric ulcer based on UPLC-MS/MS\].](#)

Yang ML, You PT, He LS, Chen SH, Zhou AJ, Liu YW, Chen X.

Zhongguo Zhong Yao Za Zhi. 2018 Sep;43(18):3748-3755.

[\[Studies on serum pharmacocomposition of effective parts of modified Xiaochaihu Tang for treatment of gastric ulcer\].](#)

Chen XJ, Yang ML, Liu W, You PT, Zhou AJ, Liu YW, Chen X.

Zhongguo Zhong Yao Za Zhi. 2018 Apr;43(8):1692-1700.

[\[Anti-Helicobacter pylori and Anti-Inflammatory Effects and Constituent Analysis of Modified Xiaochaihutang for the Treatment of Chronic Gastritis and Gastric Ulcer\].](#)

Chen X, Hu L, Wu H, Liu W, Chen S, Zhou A, Liu Y.

Evidence-based Complementary and Alternative Medicine : eCAM. 2018 Feb 26; 2018: 6810369

[\[Mechanisms of Antiulcer Effect of an Active Ingredient Group of Modified Xiao Chaihu Decoction\].](#)

Liu W, Yang M, Chen X, Li L, Zhou A, Chen S, You P, Liu Y.

Evidence-based Complementary and Alternative Medicine : eCAM. 2018 Apr 17; 2018: 5498698

[\[Antiulcer properties of shosaiko-to\].](#)

Matsuta M, Kanita R, Tsutsui F, Yamashita A.

Nihon Yakurigaku Zasshi. 1996 Oct;108(4):217-25. Japanese.

XCHT: pancreatitis, consider as treatment for

[\[Modified Xiaochaihu decoction \(\) promotes collagen degradation and inhibits pancreatic fibrosis in chronic pancreatitis rats\].](#)

Zhang SK, Cui NQ, Zhuo YZ, Hu JG, Liu JH, Li DH, Cui LH.

Chin J Integr Med. 2017 Nov 28.

[\[Modified Xiaochaihu Decoction \(\) prevents the progression of chronic pancreatitis in rats possibly by inhibiting transforming growth factor- \$\beta\$ 1/Sma- and mad-related proteins signaling pathway\].](#)

Zhang SK, Cui NQ, Zhuo YZ, Li DH, Liu JH.

Chin J Integr Med. 2013 Dec;19(12):935-9.

XCHT: Thrombosis, consider as treatment for or prevention of

[\[Antithrombotic and antiplatelet activities of Soshiho-tang extract\].](#)

Lee JJ, Kim T, Cho WK, Ma JY.

BMC Complement Altern Med. 2013 Jun 18;13:137.

XCHT: Fatty Liver, consider as treatment for

[\[Inhibitory effects of Japanese herbal medicines sho-saiko-to and juzen-taiho-to on nonalcoholic steatohepatitis in mice\].](#)

Takahashi Y, Soejima Y, Kumagai A, Watanabe M, Uozaki H, Fukusato T.

PLoS One. 2014 Jan 22;9(1):e87279.

[\[Japanese herbal medicines shosaikoto, inchinkoto, and juzentaihoto inhibit high-fat diet-induced nonalcoholic steatohepatitis in db/db mice\].](#)

Takahashi Y, Soejima Y, Kumagai A, Watanabe M, Uozaki H, Fukusato T.
Pathol Int. 2014 Oct;64(10):490-8.

XCHT: Hepatopathy/hepatitis, consider as treatment for

Xiaochaihitang Inhibits the Activation of Hepatic Stellate Cell Line T6 Through the Nrf2 Pathway.

Hu R, Jia WY, Xu SF, Zhu ZW, Xiao Z, Yu SY, Li J.
Front Pharmacol. 2019 Jan 7;9:1516.

Xiaochaihitang attenuates liver fibrosis by activation of Nrf2 pathway in rats.

Li J, Hu R, Xu S, Li Y, Qin Y, Wu Q, Xiao Z.
Biomed Pharmacother. 2017 Dec;96:847-853.

Sho-saiko-to, a traditional herbal medicine, regulates gene expression and biological function by way of microRNAs in primary mouse hepatocytes.

Song KH, Kim YH, Kim BY.

BMC Complementary and Alternative Medicine. 2014 Jan 11; 14: 14

Gadoxetic acid-enhanced MRI and sonoelastography: non-invasive assessments of chemoprevention of liver fibrosis in thioacetamide-induced rats with Sho-Saiko-To.

Chen YW, Tsai MY, Pan HB, Tseng HH, Hung YT, Chou CP.
PLoS One. 2014 Dec 9;9(12):e114756.

Traditional Chinese medicine and related active compounds: a review of their role on hepatitis B virus infection.

Qi FH, Wang ZX, Cai PP, Zhao L, Gao JJ, Kokudo N, Li AY, Han JQ, Tang W.

Drug Discov Ther. 2013 Dec;7(6):212-24. Review.

Xiao-Chai-Hu Tang in treating model mice with D-galactosamine-induced liver injury.

Zhou YX, Qiu YQ, Xu LQ, Guo J, Li LJ.

Afr J Tradit Complement Altern Med. 2012 Apr 2;9(3):405-11.

A single arm phase II study of a Far-Eastern traditional herbal formulation (sho-sai-ko-to or xiao-chai-hu-tang) in chronic hepatitis C patients.

Deng G, Kurtz RC, Vickers A, Lau N, Yeung KS, Shia J, Cassileth B.

J Ethnopharmacol. 2011 Jun 14;136(1):83-7.

[Xiaochaihu Tang for treatment of chronic hepatitis B: a systematic review of randomized trials].

Qin XK, Li P, Han M, Liu JP.

Zhong Xi Yi Jie He Xue Bao. 2010 Apr;8(4):312-20.

Sho-saiko-to (Xiao-Chai-Hu-Tang) and crude saikosaponins inhibit hepatitis B virus in a stable HBV-producing cell line.

Chang JS, Wang KC, Liu HW, Chen MC, Chiang LC, Lin CC.

Am J Chin Med. 2007;35(2):341-51.

The role of TGF-beta 1 and cytokines in the modulation of liver fibrosis by Sho-saiko-to in rat's bile duct ligated model.

Chen MH, Chen JC, Tsai CC, Wang WC, Chang DC, Tu DG, Hsieh HY.

J Ethnopharmacol. 2005 Feb 10;97(1):7-13. Epub 2004 Dec 10.

Effects of Sho-saiko-to extract and its components, Baicalin, baicalein, glycyrrhizin and glycyrrhetic acid, on pharmacokinetic behavior of salicylamide in carbon tetrachloride intoxicated rats.

Taira Z, Yabe K, Hamaguchi Y, Hirayama K, Kishimoto M, Ishida S, Ueda Y.

Food Chem Toxicol. 2004 May;42(5):803-7.

Herbal medicine Sho-saiko-to (TJ-9) increases expression matrix metalloproteinases (MMPs) with reduced expression of tissue inhibitor of metalloproteinases (TIMPs) in rat stellate cell.

Sakaida I, Hironaka K, Kimura T, Terai S, Yamasaki T, Okita K.

Life Sci. 2004 Mar 19;74(18):2251-63.

Effect of Sho-saiko-to extract on hepatic inflammation and fibrosis in dimethylnitrosamine induced liver injury rats.

Kusunose M, Qiu B, Cui T, Hamada A, Yoshioka S, Ono M, Miyamura M, Kyotani S, Nishioka Y.

Biol Pharm Bull. 2002 Nov;25(11):1417-21.

Comparative study of oral and parenteral administration of sho-saiko-to (xiao-chaihu-tang) extract on D-galactosamine-induced liver injury in rats.

Ohta Y, Nishida K, Sasaki E, Kongo M, Hayashi T, Nagata M, Ishiguro I.
Am J Chin Med. 1997;25(3-4):333-42.

Regulation of hepatic macrophage function by oral administration of xiao-chai-hu-tang (sho-saiko-to, TJ-9) in rats.

Fujiwara K, Mochida S, Nagoshi S, Iijima O, Matsuzaki Y, Takeda S, Aburada M.

J Ethnopharmacol. 1995 May;46(2):107-14.

Inhibition by xiao-chai-hu-tang (TJ-9) of development of hepatic foci induced by N-nitrosomorpholine in Sprague-Dawley rats.

Tatsuta M, Iishi H, Baba M, Nakaizumi A, Uehara H.

Jpn J Cancer Res. 1991 Sep;82(9):987-92.

Evaluation of root quality of Bupleurum species by TLC scanner and the liver protective effects of "xiao-chai-hu-tang" prepared using three different Bupleurum species.

Yen MH, Lin CC, Chuang CH, Liu SY.

J Ethnopharmacol. 1991 Sep;34(2-3):155-65.

Effect of sho-saiko-to(xiao-chai-hu-tang) on HBeAg clearance in children with chronic hepatitis B virus infection and with sustained liver disease.

Tajiri H, Kozaiwa K, Ozaki Y, Miki K, Shimuzu K, Okada S.

Am J Chin Med. 1991;19(2):121-9.

Treatment of chronic liver injury in mice by oral administration of xiao-chai-hu-tang.

Amagaya S, Hayakawa M, Ogihara Y, Ohta Y, Fujiwara K, Oka H, Oshio H, Kishi T.

J Ethnopharmacol. 1989 Apr;25(2):181-7.

A multicenter randomized controlled clinical trial of Shosaiko-to in chronic active hepatitis.

Hirayama C, Okumura M, Tanikawa K, Yano M, Mizuta M, Ogawa N.

Gastroenterol Jpn. 1989 Dec;24(6):715-9.

XCHT: Nephropathy, consider as treatment for

Renal protective effect of xiao-chai-hu-tang on diabetic nephropathy of type 1-diabetic mice.

Lin CC, Lin LT, Yen MH, Cheng JT, Hsing CH, Yeh CH.

Evid Based Complement Alternat Med. 2012;2012:984024.

XCHT: Septic Shock, consider as treatment in

Preventive effects of a traditional Chinese medicine (Sho-saiko-to) on septic shock symptoms; approached from heme metabolic disorders in endotoxemia.

Sakaguchi S, Furusawa S, Iizuka Y.

Biol Pharm Bull. 2005 Jan;28(1):165-8.

XCHT: antidepressant actions

Quantitative proteomics reveal antidepressant potential protein targets of xiaochaihutang in corticosterone induced model of depression.

Zhang K, He M, Su D, Pan X, Li Y, Zhang H, Yang J, Wu C.

J Ethnopharmacol. 2019 Mar 1;231:438-445.

Xiaochaihutang attenuates depressive/anxiety-like behaviors of social isolation-reared mice by regulating monoaminergic system, neurogenesis and BDNF expression.

Ma J, Wang F, Yang J, Dong Y, Su G, Zhang K, Pan X, Ma P, Zhou T, Wu C.

J Ethnopharmacol. 2017 Aug 17;208:94-104.

Serum metabonomics study of anti-depressive effect of Xiao-Chai-Hu-Tang on rat model of chronic unpredictable mild stress.

Xiong Z, Yang J, Huang Y, Zhang K, Bo Y, Lu X, Su G, Ma J, Yang J, Zhao L, Wu C. J Chromatogr B Analyt Technol Biomed Life Sci. 2016 Sep 1;1029-1030:28-35.

Neurological mechanism of Xiaochaihutang's antidepressant-like effects to socially isolated adult rats.

Ma J, Wu CF, Wang F, Yang JY, Dong YX, Su GY, Zhang K, Wang ZQ, Xu LW, Pan X, Zhou TS, Ma P, Song SJ. J Pharm Pharmacol. 2016 Oct;68(10):1340-9.

Antidepressant-like effects of Xiaochaihutang in a neuroendocrine mouse model of anxiety/depression.

Zhang K, Yang J, Wang F, Pan X, Liu J, Wang L, Su G, Ma J, Dong Y, Xiong Z, Wu C. J Ethnopharmacol. 2016 Dec 24;194:674-683.

Xiaochaihutang prevents depressive-like behaviour in rodents by enhancing the serotonergic system.

Su GY, Yang JY, Wang F, Xiong ZL, Hou Y, Zhang K, Song C, Ma J, Song SJ, Teng HF, Wu CF. J Pharm Pharmacol. 2014 Jun;66(6):823-34.

Antidepressant-like effects of Xiaochaihutang in a rat model of chronic unpredictable mild stress.

Su GY, Yang JY, Wang F, Ma J, Zhang K, Dong YX, Song SJ, Lu XM, Wu CF. J Ethnopharmacol. 2014 Feb 27;152(1):217-26.

Analysis of main constituents and mechanisms underlying antidepressant-like effects of Xiaochaihutang in mice.

Zhang K, Wang F, Yang JY, Wang LJ, Pang HH, Su GY, Ma J, Song SJ, Xiong ZL, Wu CF. J Ethnopharmacol. 2015 Dec 4;175:48-57.

XCHT: obesity, consider for treatment of

Soshiho-Tang Aqueous Extract Exerts Antiobesity Effects in High Fat Diet-Fed Mice and Inhibits Adipogenesis in 3T3-L1 Adipocytes.

Yoo SR, Lee MY, Kang BK, Shin HK, Jeong SJ. Evid Based Complement Alternat Med. 2016;2016:2628901. Epub 2016 Sep 29.

XCHT and Drug interactions/pharmacodynamics/Pharmacokinetics

Chemical and Absorption Signatures of Xiao Chai Hu Tang.

Du T, Zeng M, Chen L, Cao Z, Cai H, Yang G. Rapid Commun Mass Spectrom. 2018 Mar 23.

Development and validation of a UHPLC-MS/MS method for the simultaneous determination of five bioactive flavonoids in rat plasma and comparative pharmacokinetic study after oral administration of Xiaochaihu Tang and three compatibilities.

Bo Y, Wang L, Wu X, Zhao L, Yang J, Xiong Z, Wu C. J Sep Sci. 2017 May;40(9):1896-1905.

Simultaneous determinations of 17 marker compounds in Xiao-Chai-Hu-Tang by LC-MS/MS: Application to its pharmacokinetic studies in mice.

Sun R, Zeng M, Du T, Li L, Yang G, Hu M, Gao S. J Chromatogr B Analyt Technol Biomed Life Sci. 2015 Oct 15;1003:12-21.

An Ultra-Performance Liquid Chromatography Photodiode Array Detection Tandem Mass Spectrometric Method for Simultaneous Determination of Seven Major Bioactive Constituents in Xiaochaihutang and Its Application to Fourteen Compatibilities Study.

Wang L, Wu C, Zhao L, Lu X, Wang F, Yang J, Xiong Z. J Chromatogr Sci. 2015 Oct;53(9):1570-6.

Separation and identification of multiple constituents in Xiao Chai Hu Decoction (Sho-saiko-to) by bioactivity-guided fractionation combined with LC-ESI-QTOFMS/MS.

Wu Y, Peng Y, Song C, Li L, Ma H, Li D, Wang F, Yang J, Song S, Wu C. Biomed Chromatogr. 2015 Aug;29(8):1146-66.

Systems pharmacology-based approach for dissecting the addition and subtraction theory of traditional Chinese medicine: An example using Xiao-Chaihu-Decoction and Da-Chaihu-Decoction.

Li B, Tao W, Zheng C, Shar PA, Huang C, Fu Y, Wang Y. Comput Biol Med. 2014 Oct;53:19-29.

[Study on fingerprint of xiaochaihu granules sold in the market].

Yan L, Lin LF, Zhang H, Dang XF, Ni J.

Zhongguo Zhong Yao Za Zhi. 2013 Oct;38(20):3498-501. Chinese.

Extraction efficiency of shosaikoto (xiaochaihu tang) and investigation of the major constituents in the residual crude drugs.

Sumino M, Saito Y, Ikegami F, Hirasaki Y, Namiki T.

Evid Based Complement Alternat Med. 2012;2012:890524.

Change in tolbutamide permeability in rat jejunum and Caco-2 cells by Sho-saiko-to (Xiao Chai Hu Tang), a Chinese traditional medicine.

Nishimura N, Uemura T, Iwamoto K, Naora K.

J Pharm Pharmacol. 2010 May;62(5):651-7.

Comparative pharmacokinetics of baicalin and wogonoside by liquid chromatography-mass spectrometry after oral administration of Xiaochaihu Tang and Radix scutellariae extract to rats.

Zhu Z, Zhao L, Liu X, Chen J, Zhang H, Zhang G, Chai Y.

J Chromatogr B Analyt Technol Biomed Life Sci. 2010 Aug 15;878(24):2184-90.

Transport and metabolism of flavonoids from Chinese herbal remedy Xiaochaihu- tang across human intestinal Caco-2 cell monolayers.

Dai JY, Yang JL, Li C.

Acta Pharmacol Sin. 2008 Sep;29(9):1086-93.

Blockade of the dioxin pathway by herbal medicine Formula Bupleuri Minor: identification of active entities for suppression of AhR activation.

Kasai A, Hiramatsu N, Hayakawa K, Yao J, Kitamura M.

Biol Pharm Bull. 2008 May;31(5):838-46.

Simultaneous quantification of multiple licorice flavonoids in rat plasma.

Li L, Liang S, Du F, Li C.

J Am Soc Mass Spectrom. 2007 Apr;18(4):778-82.

Liquid chromatography with tandem mass spectrometry for the simultaneous determination of baicalein, baicalin, oroxylin A and wogonin in rat plasma.

Kim YH, Jeong DW, Paek IB, Ji HY, Kim YC, Sohn DH, Lee HS.

J Chromatogr B Analyt Technol Biomed Life Sci. 2006 Dec 5;844(2):261-7.

Characterization and quantification of eight water-soluble constituents in tubers of Pinellia ternata and in tea granules from the Chinese multiherb remedy Xiaochaihu-tang.

Chen P, Li C, Liang S, Song G, Sun Y, Shi Y, Xu S, Zhang J, Sheng S, Yang Y, Li M.

J Chromatogr B Analyt Technol Biomed Life Sci. 2006 Nov 7;843(2):183-93.

[Effects of Chinese herbal medicines on intestinal drug absorption].

Nishimura N.

Yakugaku Zasshi. 2005 Apr;125(4):363-9. Review. Japanese.

The in-vivo effects of sho-saiko-to, a traditional Chinese herbal medicine, on two cytochrome P450 enzymes (1A2 and 3A) and xanthine oxidase in man.

Saruwatari J, Nakagawa K, Shindo J, Nachi S, Echizen H, Ishizaki T.

J Pharm Pharmacol. 2003 Nov;55(11):1553-9.

Sho-saiko-to and Saiko-keisi-to, the traditional Chinese and Japanese herbal medicines, altered hepatic drug-metabolizing enzymes in mice and rats when administered orally for a long time.

Nose M, Tamura M, Ryu N, Mizukami H, Ogihara Y.

J Pharm Pharmacol. 2003 Oct;55(10):1419-26.

Studies on interactions between traditional herbal and western medicines. V. effects of Sho-saiko-to (Xiao-Cai-hu-Tang) on the pharmacokinetics of carbamazepine in rats.

Ohnishi N, Okada K, Yoshioka M, Kuroda K, Nagasawa K, Takara K, Yokoyama T.

Biol Pharm Bull. 2002 Nov;25(11):1461-6.

Effects of sho-saiko-to (xiao chai hu tang), a Chinese traditional medicine, on the gastric function and absorption of tolbutamide in rats.

Nishimura N, Naora K, Hirano H, Iwamoto K.

Yakugaku Zasshi. 2001 Feb;121(2):153-9.
A Chinese traditional medicine, sho-saiko-to (xiao-chaihu-tang), reduces the bioavailability of tolbutamide after oral administration in rats.
Nishimura N, Naora K, Hirano H, Iwamoto K.
Am J Chin Med. 1999;27(3-4):355-63.
Effects of Sho-saiko-to on the pharmacokinetics and pharmacodynamics of tolbutamide in rats.
Nishimura N, Naora K, Hirano H, Iwamoto K.
J Pharm Pharmacol. 1998 Feb;50(2):231-6.
Stereochemistry and putative origins of flavanones found in post-administration urine of the traditional Chinese remedies shosaiko-to and daisaiko-to.
Li C, Homma M, Ohkura N, Oka K.
Chem Pharm Bull (Tokyo). 1998 May;46(5):807-11.
Characteristics of delayed excretion of flavonoids in human urine after administration of Shosaiko-to, a herbal medicine.
Li C, Homma M, Oka K.
Biol Pharm Bull. 1998 Dec;21(12):1251-7.
Induction of cytochrome P-450-linked monooxygenase system in rat liver microsomes by xiao-chaihu-tang.
Obnishi T, Yoneyama H, Hamamoto T, Ishida T, Takahara J, Ichikawa Y.
Am J Chin Med. 1996;24(2):143-51. (*unable to obtain full article from TAMU – request declined*)
Influence of time of administration of a Shosaiko-to extract granule on blood concentration of its active constituents.
Nishioka Y, Kyotani S, Miyamura M, Kusunose M.
Chem Pharm Bull (Tokyo). 1992 May;40(5):1335-7.

XCHT: miscellaneous

Modern use of Chinese herbal formulae from Shang-Han Lun.
Chen FP, Chen FJ, Jong MS, Tsai HL, Wang JR, Hwang SJ.
Chin Med J (Engl). 2009 Aug 20;122(16):1889-94.

DATA COMPILED BY

Erin Bannink, DVM
Diplomate ACVIM (oncology)
IVAS certified in veterinary acupuncture
Graduate Diploma Veterinary Chinese Herbal Medicine

Oakland Veterinary Referral Services
1400 Telegraph Rd
Bloomfield Hills, MI 48302
248-334-6877
www.ovrs.com

www.mettapets.info
free mindfulness for stress reduction webinars