

Name	Latin	Other Name(s)
Agrimony	Agrimonia eupatoria*	Cockleburr, Sticklewort
Alfalfa	Medicago sativa	Lucerne, Purple Medick
Aloe	Aloe vera	Burn Plant
Angelica	Angelica archangelica*	European Angelica
Arnica	Arnica montana*	Leopard's Bane, Mountain Tobacco
Artichoke	Cynara scolymus, C. cardunculus*	Globe Artichoke, Cardoon (*)
Barberry	Berberis vulgaris*	European Barberry
Betony	Stachys officinalis*	Wood Betony, Purple Betony
Blessed Thistle	Cnicus benedictus	Holy Thistle, St. Benedict's Thistle
Buchu	Agathosma betulina*	Agathosma
Burdock Root	Arctium lappa, A. minus	Great Burdock
Catnip	Nepeta cataria	Catmint
Celandine	Chelidonium majus	Greater Celandine
Celery Seed	Apium graveolens	Smallage (Wild Celery)
Chaste Tree	Vitex agnus-castus	Monk's Pepper, Vitex
Chickweed	Stellaria media	Starwort
Cleavers	Galium aparine	Goose Grass, Clivers
Coltsfoot	Tussilago farfara	Coughwort
Comfrey	Symphytum officinale	Knitbone
Couch Grass	Elymus repens*	Quack Grass, Dog Grass
Cubeb Berries	Piper cubeba	Tailed Pepper, Java Pepper
Dandelion Leaf	Taraxacum officinale	Lion's Tooth
Dandelion Root	Taraxacum officinale	Lion's Tooth
Devil's Claw	Harpagophytum procumbens*	Grapple Plant
Elecampane	Inula helenium	Elecampagne, Elf Dock
Eucalyptus	Eucalyptus globulus*	Blue Gum Tree
Fennel	Foeniculum vulgare	Fennel Seed
Feverfew	Tanacetum parthenium*	Featherfew
Gentian	Gentiana lutea	Yellow Gentian
German Chamomile	Matricaria recutita*	Hungarian Chamomile, Common Chamomile
Ginkgo	Ginkgo biloba	Maidenhair Tree
Greek Mountain Tea	Sideritis scardica	Shepherd's tea, Ironwort
Ground Ivy	Glechoma hederacea	Alehoof, Gill-Over-the-Ground
Hawthorn	Crataegus monogyna, C. laevigata	May Blossom, Whitethorn
Hibiscus	Hibiscus sabdariffa*	Roselle, Rose-mallow, Red Sorrel
Hops	Humulus lupulus	European Hops
Horehound	Marrubium vulgare	White Horehound
Horse Chestnut	Aesculus hippocastanum	Buckeye
Horsetail	Equisetum arvense	Shave-Grass, Scouring rush
Juniper Berry	Juniperus communis	Ground Juniper
Kava Kava	Piper methysticum	Awa, Ava
Lady's Mantle	Alchemilla vulgaris*	Lion's Foot, Bear's Foot
Lavender	Lavandula angustifolia*	French Lavender
Lemon Balm	Melissa officinalis	Balm, Melissa
Linden Flower	Tilia platyphyllos, T. cordata*	Lime Flower
Marshmallow	Althaea officinalis	Marsh Mallow, Mortification Root

Name	Latin	Other Name(s)
Meadowsweet	Filipendula ulmaria	Queen-of-the-meadow
Milk Thistle	Silybum marianum	St. Mary's Thistle
Mistletoe	Viscum album	European Mistletoe
Motherwort	Leonurus cardiaca	Lion's Ear, Lion's Tail
Mullein	Verbascum thapsus, V. olympicum	Flannel Leaf
Nettles	Urtica dioica*	Stinging Nettle
Oats	Avena sativa*	Fresh Oats, Milky Oats
Orange Peel	Citrus aurantium*	Bitter Orange, Seville Orange, Zhi Ke
Parsley	Petroselinum sativum*	Italian Parsley, Flat Parsley
Peach Tree	Prunus persica	Amygdalus persica
Plantain	Plantago major (broad leaf plantain)*	Greater Plantain, Ribwort
Propolis	Propolium	Bee glue
Red Clover	Trifolium pratense	Purple Clover, Bee Bread
Rhodiola	Rhodiola rosea	Rose Root, Golden Root
Rosemary	Salvia rosmarinus*	Dew of the Sea
Sage	Salvia officinalis*	Garden Sage, Red Sage
Shepherd's Purse	Capsella bursa-pastoris	Shepherd's Heart
Spilanthes	Acmella oleracea*	Toothache Plant, Paraguay Cress
St. John's wort	Hypericum perforatum	Klamath Weed, Hypericum
Sweet Melilot	Melilotus officinalis, M. alba	Yellow or White Sweet Clover
Valerian	Valeriana officinalis*	Mountain Heliotrope
Wormwood	Artemisia absinthium	Absinthium
Yarrow	Achillea millefolium	Milfoil, Woundwort
Yellow Dock	Rumex crispus	Curly Dock