

Name	Latin	Other Name(s)
Alder Bark	<i>Alnus rubra</i> , <i>A. serrulata</i> *	Red Alder, Tag Alder
American Ginseng	<i>Panax quinquefolius</i>	Sang
Balmony	<i>Chelone glabra</i> , <i>C. lyonii</i> (pink flowers)	Turtle Head, Snake Head
Bayberry	<i>Myrica cerifera</i> , <i>M. pensylvanica</i> *	Waxberry, Wax Myrtle
Bergamot	<i>Monarda didyma</i> (red flower)*	Bee Balm, Oswego Tea
Black Cohosh	<i>Actaea racemosa</i> *	Cimicifuga, Macrotys, Bugbane
Black Haw	<i>Viburnum prunifolium</i> *	Nannybush, Wild Raisin
Black Walnut	<i>Juglans nigra</i>	American Walnut
Blackberry	<i>Rubus fruticosus</i> *	Bramble, Dewberry
Bladderwrack	<i>Fucus vesiculosus</i>	Rockweed
Blue Cohosh	<i>Caulophyllum thalictroides</i>	Papoose Root
Blue Flag	<i>Iris versicolor</i> *	Wild Blue Iris, Vegetable Mercury
Blue Vervain	<i>Verbena hastata</i> *	Simplers Joy
Blueberry Fruit	<i>Vaccinium angustifolium</i> *	Bilberry, Huckleberry
Blueberry Leaf	<i>Vaccinium</i> spp.	Bilberry leaf, Huckleberry leaf
Boneset	<i>Eupatorium perfoliatum</i>	Thoroughwort, Feverwort
Bugleweed	<i>Lycopus virginicus</i> *	Gypsyweed
Butternut Bark	<i>Juglans cinerea</i>	White Walnut
California Poppy	<i>Eschscholzia californica</i>	Golden Poppy
Cascara Sagrada	<i>Frangula purshiana</i> *	American Buckthorn, Chittam bark
Cat's Claw	<i>Uncaria tomentosa</i> *	Una de Gato
Cayenne Pepper	<i>Capsicum annum</i> , <i>C. frutescens</i>	Capsicum
Chaga	<i>Inonotus obliquus</i>	Clinker polypore
Chaparral	<i>Larrea divaricata</i> , <i>L. tridentata</i> *	Creosote Bush, Gobernadora
Collinsonia	<i>Collinsonia canadensis</i>	Stone Root, Horse Balm, Richweed
Corn Silk	<i>Zea mays</i>	Stigma Maydis, Maize
Cotton Root Bark	<i>Gossypium herbaceum</i> *	Gossypii Radicis Cortex
Cramp Bark	<i>Viburnum opulus</i> var. <i>americanum</i> *	High Bush Cranberry, Guelder Rose
Cranberry	<i>Vaccinium macrocarpon</i> *	American Cranberry
Cucumber Magnolia	<i>Magnolia acuminata</i> *	Cucumber Tree
Culver's Root	<i>Veronicastrum virginicum</i>	Leptandra, Black Root
Damiana	<i>Turnera diffusa</i> *	Oreganillo
Echinacea Δ	<i>Echinacea angustifolia</i> (☉), <i>E. purpurea</i> (☐), *	Purple Cone Flower
Elderflower and Berry	<i>Sambucus canadensis</i> *	Elder Bloom
Evening Primrose	<i>Oenothera biennis</i>	Sun drops
Eyebright	<i>Euphrasia</i> spp.	Euphrasiae herba
Figwort	<i>Scrophularia marilandica</i> *	Carpenter's Square
Fringe Tree	<i>Chionanthus virginicus</i>	Snowdrop Tree
Goldenrod	<i>Solidago odora</i> *	Fragrant Goldenrod or Golden Rod
Goldenseal	<i>Hydrastis canadensis</i>	Yellow Root, Yellow Puccoon
Gravel Root	<i>Eutrochium purpureum</i> *	Joe Pye Weed, Queen of the Meadow
Grindelia	<i>Grindelia camporum</i> *	Gum Weed
Hydrangea	<i>Hydrangea arborescens</i>	Seven Barks, Wild Hydrangea
Indian Pipe	<i>Monotropa uniflora</i>	Ice Plant, Ghost Plant, Ghost Pipe
Irish Moss	<i>Chondrus crispus</i>	Carrageen Moss
Jamaica Dogwood	<i>Piscidia piscipula</i> *	Fish Poison Tree, Jamaican Dogwood

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Lobelia	<i>Lobelia inflata</i>	Pukeweed, Indian Tobacco
Lomatium	<i>Lomatium dissectum</i>	Bear Medicine, Fernleaf biscuit root
Maca	<i>Lepidium meyenii</i>	Red Maca, Black Maca, Yellow Maca
Maitake	<i>Grifola frondosa</i>	Hen of the Woods
Night Blooming Cereus	<i>Selenicereus grandiflorus</i> *	Cactus
Oak Bark	<i>Quercus alba</i> *	White Oak
Ocotillo	<i>Fouquieria splendens</i>	Candlewood
Oregon Grape Root	<i>Berberis aquifolium</i> *	Mountain Holly
Osha	<i>Ligusticum porteri</i> *	Chuchupate, Bear Medicine
Partridge Berry	<i>Mitchella repens</i>	Squaw Vine
Passionflower	<i>Passiflora incarnata</i>	Passion Flower, Maypop
Pipsissewa	<i>Chimaphila umbellata</i> *	Prince's Pine
Pleurisy Root	<i>Asclepias tuberosa</i>	Butterfly Weed
Poke	<i>Phytolacca americana</i> *	Pokeweed, Pokeberry
Prickly Ash	<i>Zanthoxylum clava-herculis</i> *	Toothache Tree, Hercules Club
Pulsatilla	<i>Anemone patens</i> *	Pasque Flower
Quassia	<i>Picrasma</i> or <i>Quassia</i> spp.*	Bitter Wood, Cascara Amarga
Raspberry Leaf	<i>Rubus idaeus</i> *	Red Raspberry
Red Root	<i>Ceanothus americanus</i> *	New Jersey Tea
Sarsaparilla	<i>Smilax regelii</i> *	Jamaica Sarsaparilla
Saw Palmetto	<i>Serenoa repens</i>	Dwarf Palmetto
Scullcap	<i>Scutellaria lateriflora</i> *	Mad-dog Skullcap, Skullcap
Skunk Cabbage	<i>Symplocarpus foetidus</i>	Skunk Weed, Swamp Cabbage
Slippery Elm	<i>Ulmus rubra</i> *	Red Elm
Solomon's Seal	<i>Polygonatum biflorum</i> *	Smooth Solomon's Seal
Spikenard	<i>Aralia racemosa</i> *	Spignet
Stillingia	<i>Stillingia sylvatica</i>	Queen's Delight, Queen's Root
Sumac	<i>Rhus glabra</i> *	Smooth Sumac, Sumach
Sundew	<i>Drosera rotundifolia</i> *	Round leaf Sundew
Sweet Birch	<i>Betula lenta</i>	Black Birch, Cherry Birch
Thuja	<i>Thuja occidentalis</i>	Flat Cedar, yellow or white Cedar
Turkey Tail	<i>Trametes versicolor</i> *	Yun Zhi (Chinese)
Usnea	<i>Usnea barbata</i> *	Old Man's Beard
Uva Ursi	<i>Arctostaphylos uva-ursi</i>	Bearberry, Kinickinick
Violet	<i>Viola soraria</i> *	Blue Violet
White Pine	<i>Pinus strobus</i> *	Eastern White Pine
White Sage	<i>Salvia apiana</i>	Salvia blanca, California White Sage
Wild Cherry Bark	<i>Prunus virginiana</i> , <i>P. serotina</i>	Choke cherry, Bird Cherry
Wild Geranium	<i>Geranium maculatum</i>	Cranesbill, Alum root
Wild Indigo	<i>Baptisia tinctoria</i>	Horsefly weed, Yellow Indigo
Wild Lettuce	<i>Lactuca canadensis</i> , <i>L. serriola</i> *	Prickly Lettuce
Wild Yam	<i>Dioscorea villosa</i>	Colic Root
Willow	<i>Salix alba</i> , <i>S. purpurea</i> , <i>S. nigra</i> *	Purple Willow, Black Willow
Wintergreen	<i>Gaultheria procumbens</i>	Checkerberry, Teaberry
Witch Hazel	<i>Hamamelis virginiana</i>	Winter Bloom
Yellow Root	<i>Xanthorrhiza simplicissima</i>	Shrub Yellow Root

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Yerba Santa	<i>Eriodictyon californicum</i> *	Holy Herb, Mountain Balm
Yucca	<i>Yucca</i> spp.*	Spanish Bayonet, Amole